

June 16, 2010

Mr. La-Lon Moore
6125 W Spokane St
Milwaukee, WI 53223-5432

Dear Mr. Moore:

Having a regularly scheduled physical examination to address preventive health issues is an important part of maintaining your overall wellbeing. It provides you and your physician with an opportunity to review your current health, screen for a variety of medical problems, and assess if any conditions require further attention. Physical examinations and preventive health services can also help you control your health care costs by treating health issues proactively.

The physical exam guidelines below can help you determine if it is time for you to schedule your physical exam:

- Women 18-39 years of age should receive a pap smear and/or physical exam at least every 3 years, or more often if recommended by your physician.
- Men 18-39 years of age should receive a physical exam at least every 3 years.
- Everyone 40-49 years of age should receive a physical exam at least every 2 years.
- Everyone over 50 years of age should receive a physical exam annually.
- Children 6-17 years of age should receive a physical exam at least every 2 years.

Your medical records indicate that your last physical exam was on 8/28/07. Therefore, you may want to schedule your next physical exam, if you have not already done so. Please call the clinic at 262-790-1118 to schedule your physical exam appointment. Additionally, if you're using MyAHChart, you may also schedule your appointment through the web site, www.myahchart.com.

Any Aurora Advanced Healthcare clinic receptionist can sign you up for MyAHChart.

Some health plans cover all, or a portion of, physical exams and preventive health services, while others do not. Please be sure to check your health insurance policy to understand your coverage.

If you have any questions or concerns, please contact the clinic office at 262-790-1118.

Sincerely,

Lawrence Golopoi, MD
Aurora Advanced Healthcare, Inc.